

**The SVT Cobra Mustang Club  
Presents the: "2010 Full Throttle Ford Fest" at  
Virginia International Raceway, Alton, Virginia  
October 16, 2010 – October 17, 2010**

**Event Coordinator**

Tony Sorrentino  
Phone #: **(803) 371-0725**  
Weekdays/Weekends  
[tony@svtcobraclub.com](mailto:tony@svtcobraclub.com)

**Car Show Coordinator**

Joel Gilchrist  
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Weekdays/Weekends  
[preacherdude1997@hotmail.com](mailto:preacherdude1997@hotmail.com)

The SCMC Driving School Program is a safety driving program that will help you improve your driving skills while you can enjoy driving your car in the safety of a controlled environment. Your car, with an instructor, on a real enclosed road course! **THIS IS NOT A RACE OR A RACING SCHOOL.**

There will be a limit of **120 students for the track event** and unlimited cars for the show. We will start accepting applications on January 1, 2010. Please register early to assure your spot. All applications must be received by October 1, 2010 or a late fee will apply. Your check for the full amount made payable to "SCMC" must accompany the driver school application. Mail completed form with payment to:

**Full Throttle Ford Fest  
Tony Sorrentino  
P.O. Box 37376  
Rock Hill, SC 29732**

**On the advice of our physician, we do not accept applications from participants who are or may be pregnant. Persons with a physical impairment, which may interfere with their participation, should contact Tony Sorrentino before submitting an application. SCMC reserves the right to refuse any application for any reason or no reason at all.**

**Registration fee is non-refundable. You may find a replacement if you are unable to attend the school or take a "rain check" for a future event.**

#### Other Notes:

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- First priority is given to SCMC and TCUSA members on a first received basis.
- Licensed drivers only. Sorry, no drivers under age 16.
- All cars are required to be tech inspected by either a reputable service facility prior to the event or yourself. It is **your responsibility** to ensure that your car is safe. Pre-event tech forms are provided in this confirmation packet.
- One driver per car is recommended, however, you may share your car with someone in another run group. Fees are based on run session time, 2 people, 2 sessions equals 2 fees.
- Helmet - **Snell SA05 or higher** helmet is required. Snell-rated for race and/or special applications (SA) are recommended highly as **we do not accept motorcycle helmets unless they are SA approved!** Please bring your own helmet as the track does not supply helmets.
- **\*WE DO NOT ACCEPT MOTORCYCLE HELMETS UNLESS THEY ARE SA APPROVED\***
- Equal restraint for driver and passenger is required. If you have a 5-point harness, provide one for your instructor - he/she will thank you! This event requires a minimum of a three point harness/belt or stock seat belts.
- Long pants and long sleeve shirts are required. Natural fiber material is recommended rather than acrylic or others. If you order an event shirt, it will be short sleeve for this event.
- Failure of 1996-2001 Mustang Front brake hoses is common among these years. To insure your safety and the safety of your vehicle and others it is highly suggested you purchase a set of braided or stainless steel lines for these model years. Be safe invest in your fun!
- Wheel chocks are recommended for unloading and loading your car off of a trailer. The paddock has a slight decline and it is recommended you use chocks to prevent rolling down the hill.

**Please contact Joel Gilchrist or Tony Sorrentino at the above listed phone numbers if you have any questions.**

## **PARTICIPANT INFORMATION PACKAGE:**

### **SCMC High Performance Driving School Virginia International Raceway, Alton, VA October 16-17, 2010**

Congratulations on your decision to participate in the SCMC Driving School! The purpose of the school is to provide participants an opportunity to learn more about their cars and how to drive them safely in a controlled environment. **This is NOT a racing school. Racing and other overly aggressive driving will not be tolerated. Insurance regulations will not cover racing and failure to comply with this rule will lead to expulsion without refund. If you have or cause an accident that results in damages to any part of the facility, then you are responsible for payment to repair such damages back to the standards of which the track personnel deem appropriate.**

The **Host Hotel** for this school will be the **Sleep Inn and Suites in Danville, VA. (434) 793-6090**. Please mention the "SVT Cobra Club" when making reservations to secure the special club rate. **Please make reservations as early as possible as prices may be subject to change.**

**This packet contains information that will help you prepare for the event, and is divided into the following basic sections:**

Things to Bring  
Schedule  
General Comments and Suggestions  
Car Preparation  
Rules of the Road  
Driving Terms and Topics  
Pre-Event Technical Inspection sheet  
Helmet Acknowledgment and Release  
Medical form (confidential)  
Headquarters Hotel and Area Map  
Track Map  
Track Rules

#### **THINGS TO BRING**

- This packet (including completed Technical Inspection Sheet, Medical Form, and Hemet Release)
- **Helmet (SNELL SA05, or newer required\*\*\* NO Motorcycle Helmets are allowed unless SA approved!)**
- Long pants and long sleeved shirts are required, preferably cotton material.
- Extra quart (or two) of oil
- Beverages to replace the water you will lose at the track.
- Glass cleaner and paper towels
- Gas - fill up before arriving at the track or you can fill up at the track for a few cents more per gallon.
- Fire extinguisher
- Other tools and parts as desired. Examples: extra brake fluid, coolant, air compressor, hoses, belts
- Extra brake pads, and rotors. Pads with half thickness may be gone by the end of the day.
- A tarp or two to protect your gear from the elements in the event of rain.
- Sunscreen, a hat, lawn chair and a canopy for shade.
- A relaxed, open mind for learning something new and exciting, and the willingness to be guided by your instructor.

**PLEASE BRING YOUR TECHNICAL INSPECTION FORM, MEDICAL FORM, AND HELMET RELEASE FORM, TO REGISTRATION THURSDAY EVENING at the track or FRIDAY MORNING at the track.**

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## SCHEDULE OF EVENTS

**SCMC High Performance Driving School  
Virginia International Raceway, Alton, VA  
October 15-17, 2010  
Friday –October 15, 2010**

5:00 pm - 7:00 pm **Student, Instructor, and Worker registration** at VIR track in Alton, VA.  
You will not be allowed to register without a completed medical form, helmet release, and pre-event tech inspection sheet!! Grid-Tech Inspectors will be on hand, bring your car(s) and helmet(s) for inspection. **(No Motorcycle helmets unless SA approved!)**

5:00 pm - 7:00 pm Pick up Event shirts

**Please Register Friday Night! Avoid The Mad Rush That Costs Everyone Track Time  
When Drivers and Instructors register Saturday morning!**

**Saturday/Sunday-October 16-17, 2010**

7:00am - 8:00 am **Track opens.** Late registration starts at front gate building on right.

7:00am - 7:45 am **Student, Instructor, and Worker registration** at Virginia International Raceway. You will not be allowed to register without a completed medical form, helmet release, and pre-event tech inspection sheet!!

7:30 am - 8:00 am **MANDATORY INSTRUCTORS/STUDENTS MEETING** at the classroom building. Roll call will be taken.

8:00 am - 8:25 am **Orientation laps around the track with instructors or organizers.** Please do not try to drive full speed, these laps are for everyone to get the layout of the track.

8:30am – 5:30pm **Driver Education Sessions** as per detailed schedule. Detailed schedules provided in the registration packet. Everyone in Green group will have an instructor and cannot run solo till the instructor acknowledges your capabilities to be able to drive without instruction.

## GENERAL COMMENTS AND SUGGESTIONS

Participants will be allowed to perform their own tech inspection on their car. If you are not qualified to do your own tech inspection then we highly recommend you take your vehicle to a qualified professional mechanic. Nothing is more disappointing than to have something fail on an ill-prepared car, ending your weekend early or costing yourself and others valuable track time. Be sure your car is safe and mechanically sound before you bring it to the track. Remember to take the pre-event technical inspection form with you. It is **MANDATORY** that either you or a mechanic signs/stamps your tech form. In addition to the pre-event inspection, your driving instructor will perform a safety inspection before going on track. Any car not passing inspection will not be allowed on the track.

**You must have a SA05 or better helmet that is approved for road course driving. No motorcycle helmets are allowed at this event unless they are SA approved!** Someone may be willing to share, but do not count on it. Besides, sharing sweaty helmets isn't very pleasant. Without exception your helmet must meet or exceed SNELL '05 or newer standards. Note to new drivers: the SNELL rating is inside your helmet under the lining and should start with an SA. The track does have loaner helmets.

Both driver and instructor must be equally restrained to participate in the school. Be sure that you have the same restraint system for your instructor as for yourself. This pertains to belt configuration, not seats.

Food and drinks will be available at the track, but you should bring fluids such as water and Gatorade or buy them outside the raceway. Of course, **alcohol and drugs** are not allowed at the track!

Detailed event schedule, car numbers, and run group assignments will be provided at event registration. For safety and insurance reasons, NO passengers will be allowed in participants' cars other than instructors or unless approved by event organizers. Instructors will be allowed to take passengers, however, no one under age 16 will be allowed on the track under any circumstances, except during the "touring" period at lunch hour. Maximum speed during "track touring" is 55 mph.

We recommend that you wear comfortable, natural fabric clothing (i.e. cotton.) **Long pants and a long sleeved shirt are required**. Shoes should be lace-up and have a flexible sole.

The track is generally not a good place for children. **If you must bring children, they must be supervised at all times. You are responsible for the behavior of your children/guests.**

Pets are allowed on a leash and must be kept under control at all times. The event will run rain or shine. You might be surprised at just how much you can learn on a wet surface!

**!!! Registration will be held from 5:00pm to 7:00pm Friday, October 15, 2010, at VIR, Alton, VA.**

Should you miss this registration time, we will have registration open at the track from **7am to 8am** on Saturday morning. Please make every effort to register Friday evening. You will avoid the Saturday morning rush and stress, and be assured of not missing any valuable track time.

**TRACK OPENS AT 7am Saturday.**

You will need to sign a liability form before entering the track. Wristbands will be used to designate those who have signed the waiver. This should speed up access to the track on Saturday morning. Those wearing wristbands may proceed to the gate. All others report to the registration building at the Raceway's facility. We are looking forward to a safe, educational, and enjoyable event. If you have any questions, please call Tony Sorrentino at (803) 371-0725 before 9:00 p.m. or contact him through email at [tony@svtcobraclub.com](mailto:tony@svtcobraclub.com), or Joel Gilchrist at (336) 549-1151 or at [preacherdude1997@hotmail.com](mailto:preacherdude1997@hotmail.com).

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## CAR PREPARATION

Several members have asked if there are any modifications that should be made to their cars prior to the driving school. In a word, no. Many types of stock cars are quite competent for this type of driving right from the showroom (after appropriate break-in, of course). If you attend driving schools or autocrosses often, you may want to install lap belts/shoulder harnesses, stiffen the suspension, or get some stickier tires, but these are all matters of personal preference and are by no means required for you to have an enjoyable weekend at the track. You will learn more in your first 3 or 4 schools in an unmodified car than in a car so capable that it masks your lack of skill or experience.

What is required is that your car be in top condition.

### *SUGGESTIONS ON PREPARING YOUR CAR*

- Included in this packet is a pre-event Technical Inspection Form that **must** be completed, signed by you and the mechanic, and brought with you to the event. If you do not bring one to registration, you will be required to **properly** fill out another one.
- It is recommended that your car has had a recent tune-up so that it is running at its best. You'll certainly enjoy it more.
- **The brake fluid should be changed and the system bled as close to the event as possible.** Brake fluid absorbs water (from the humidity in the air), which reduces the boiling point of the fluid. When people "lose their brakes" at an event like this, it is more often than not the result of boiling the brake fluid. The brake pads should have at least one-half thickness. If they don't, replace them in time to bed them in adequately before the event. We recommend you bring an extra set of pads and rotors just in case.
- The coolant system should have been flushed and coolant changed within a few months of the event to prevent overheating.
- Tires must have at least 1/16" of tread depth, with no blisters, bald spots, or other imperfections. Also, **tires that have been patched or plugged are not allowed.** You should have some additional tire pressure when you arrive at the track. Generally, for street tires, 36-38 psi is a good starting point.
- If applicable, you should remove sunroof wind deflectors. At high speeds, some of these will vibrate and may make a very disconcerting noise. Also, if your car has removable wheel centers, trim rings, etc., these should also be removed to ensure they don't fall off during the event.
- **All loose objects must be removed from the passenger compartment and trunk of your car.** This includes all items from the **center console, glove box and side pockets.** It is unnerving and potentially dangerous to have loose objects flying around you during hard braking and cornering. **Radar detectors** (if removable) and **garage door openers** often get left on sun visors. Don't forget the spare change in the **ashtray.** Double-check your car before your first session that day.

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### **RULES OF THE ROAD**

Following are the rules that, for everyone's safety, will be followed during the event. You should be familiar with these rules prior to coming to this event. Failure to follow rules and instructions may result in dismissal from the event. The organizers of this event reserve the right to eject anyone acting irresponsibly.

#### **GENERAL**

- All participants must be at the drivers meeting Saturday morning. Roll call will be taken! Expect to lose track time if you are not at the meeting.
- Both the driver side window and passenger side window must be fully down at all times when the car is on the track - even in the rain.
- No passengers will be allowed in participants' car other than instructors. Instructors are allowed to take passengers, but no one under 16 years old will be allowed on the track under any circumstances during "hot track" periods.
- Timing of student cars is not permitted. This is not a race school and failure to comply will result in immediate expulsion of the event.
- Passing is allowed in designated areas only. Passing shall occur only after a clear signal is given. Passing areas and passing rules will be discussed in the classroom at the event.
- When slowing to enter pit road, the driver shall signal by raising his/her arm out the window with a clenched fist and pull over to the left side of the track. Following cars not exiting the track may pass an exiting car very carefully on the right.
- All loose objects must be removed from the passenger compartment and trunk of your car.

#### **FLAGS**

**Yellow, standing** - Something has happened ahead of you. It probably isn't on the track, but normal escape routes may not be available to you, so slow down and be careful. Absolutely no passing. A yellow flag may be displayed for the first two laps of a session to allow all cars to warm up.

**Yellow, waving** - Something has happened ahead of you and is probably blocking at least some of the track. Be prepared to take evasive action or stop. Be very careful. Absolutely no passing.

**Red & yellow striped** - There is debris on the track ahead, possibly oil, antifreeze, dirt, or maybe a turtle. Be prepared to respond accordingly.

**Red** - Something very serious has happened ahead of you and you cannot continue. Come to a controlled safe stop on either edge of the track. If cars ahead of you have pulled off, use the same side of the track to allow maximum space for emergency vehicles. Stay in your car. You will be notified by the corner worker when to return to the pits.

**Blue w/ yellow stripe** - A faster car is following. Allow it to pass at the next passing zone. Use your left signal to let that person know he can pass on the right. This courtesy prevents tailgating, "driving in your mirrors," and promotes safety.

**Black** - Enter the pits at the next opportunity to consult with a school official.

**Black with red center** - There is something wrong with your car; proceed carefully to the pits.

**Checkered** - The session is over. Finish the lap as a "cool-down" lap. Slow down, use the brakes as little as is safe. Allow you and the car to cool down and relax. Proceed to pit lane.

## **DRIVING TERMS AND TOPICS**

Some useful terms and definitions:

### **Understeer**

There is traction at the rear wheels, but the front wheels lose traction and, regardless of steering correction, the front of the car slides towards the outside of the turn. Also called "push" or "plow". Understeer increases the radius of the turn.

### **Oversteer**

There is traction at the front wheels, but the rear wheels lose traction and try to pass the front. Also called "loose". Oversteer decreases the radius of the turn.

### **Trailing-throttle Oversteer**

Oversteer induced by lifting off the throttle while cornering. When the throttle is lifted, weight is transferred to the front of the car, which suddenly has better traction than it had before; weight is transferred off the rear of the car, which suddenly has less traction than it had before. BMWs will exhibit this tendency, which normally is controllable, though unnerving at first. Porsche 911s and Corvairs are terminal in this respect.

### **Line**

The actual line of motion that a car makes through a given turn.

### **Turn-in**

The point at which you begin turning into a corner. The turn-in point has a direct effect on the apex and track out (exit) of a given line, and can be too early, or too late.

### **Apex**

The area of a corner where the inside front wheel runs closest to the inside of the track. It is directly affected by the turn-in point, and, like the turn point, can be too early, or too late.

### **Track-out (exit)**

The area of the track where the turn is completed. The track-out point will depend entirely on the turn-in and apex, and, depending on the turn-in and apex will either be on the track or off the track. (hint: proper exit is generally on the track.)

### **Trail Brake**

Braking past the turn-in point (usually about the first third of a corner). Trail braking occurs while turning and after the major braking for the corner has occurred. Braking pressure is only a fraction of full (10 to 20 percent), and is gradually decreased while making the transition to acceleration.

### **Camber**

The angle of the wheel from vertical as viewed from head-on. Negative camber has the top of the wheel leaning towards the center of the car. Cornering pulls the bottom of the outside tires in so that the wheels exhibit positive camber, or less negative camber.

### **Toe-in**

The alignment of the wheels as viewed from above, with the front of each wheel pointing in toward the centerline. Forward motion tends to pull the wheels and tires backward in an arc so that the wheels tend to toe-out (or toe-in less).



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**PRE-EVENT TECHNICAL INSPECTION FORM**

**Engine Compartment / Interior**

- Battery securely fastened
- Brake fluid: level, system bled, fresh fluid -
- Brake lights: all working
- Brake pedal: firm

**REQUIRED**

Date of last fluid change: \_\_\_\_\_  
(must be within 6 weeks to date of event)

- No visible fluid leaks (gas, oil, coolant, hydraulics)
- Coolant system: level, condition of hoses, no leaks, hose clamps are tight
- Pressure test radiator cap
- Throttle linkage: no sticking/ sloppiness
- Windshield wipers: working and good condition
- Mirrors: left-hand exterior and interior

**REQUIRED**

All V-belts properly tightened; inspect for wear, cracks, fraying

**On lift and under car**

- Condition of tires, both sidewall and tread. Minimum of 2/32" tread. H, V, or Z speed rating recommended. This requirement may be waived for special open track tires.
- Check wheel bearings for excessive play
- Brake pads & calipers: Adequate pad thickness (at least 1/2 pad left). Rotors within factory specs. Calipers working properly. Hoses, lines, calipers clean and dry.
- Steering linkage and suspension: No excessive play. Suspension mounting: no cracks or excessive rust.
- Braided or stainless steel lines for 1996-1998 Cobras.
- Check rear engine & transmission seals for excessive seepage
- Check for hydraulic leaks at wheels and clutch slave cylinder
- Check half-shaft bolts for looseness  Wheels straight, no cracks
- Check transmission and differential fluid levels  Exhaust: no under car leaks

**Other**

- Windshield free of cracks
- Seat belts: both front seat belts are properly operable and in good condition. If you have aftermarket harnesses then they should be anchored as close to horizontal from the seat back in order to prevent spine compression. Essentially, floor mounted harnesses are not advisable to use in this event.
- If roll bar equipped: adequate padding required on a roll bar/cage installation at any possible contact with driver or passenger

**Inspecting Service Shop:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Mechanic:** \_\_\_\_\_

I understand that the condition of my car is my responsibility and the technical inspector is not responsible for any potential failure of my car.

Owner signature: \_\_\_\_\_ **Date:** \_\_\_\_\_

**HELMET ACKNOWLEDGMENT AND RELEASE**

I/We acknowledge that the inspection of my helmet by members of the SCMC, Inc., is for the sole purpose of determining whether my helmet has met the minimum standards of the Snell Memorial Foundation. It appears from a visual inspection to contain the appropriate Snell rating sticker, and to be capable of meeting those standards at the present time. I acknowledge that the Club is making no guarantee of fitness or use in "passing" my helmet, and that I am relying solely on my own judgment in using the helmet in the Club event. I release, acquit, and forever discharge the SCMC, their officers, members, employees, lessors, associates, successors, or assigns, from any and all liability, claims, demands or causes, which may arise from my wearing of the inspected helmet, from my attendance at the Club event, or from any injury sustained by me, whether or not due to negligence.

I represent that I am at least 18 years of age, that I understand I am participating in a dangerous event, and that my helmet has not been previously worn in a collision or struck by a hard object. **I also understand that motorcycle helmets are not permissible for this event unless they are SA approved.**

Date: \_\_\_\_\_ Signed by: \_\_\_\_\_

Printed Name: \_\_\_\_\_

**SCMC PARTICIPANT MEDICAL INFORMATION**

*(confidential)*

Date: \_\_\_\_\_ Event: \_\_\_\_\_

\*Run Group Assignment: \_\_\_\_\_ \*Car Number: \_\_\_\_\_

*\*Will be completed at registration*

Name: (Print:) \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Who to notify in case of emergency

At the track: \_\_\_\_\_

Away from the track: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone number(s): \_\_\_\_\_

Blood type and RH: \_\_\_\_\_ Do you wear contacts?: \_\_\_\_\_

Date of last tetanus: \_\_\_\_\_

Present Medications: \_\_\_\_\_

Known allergies to medications:

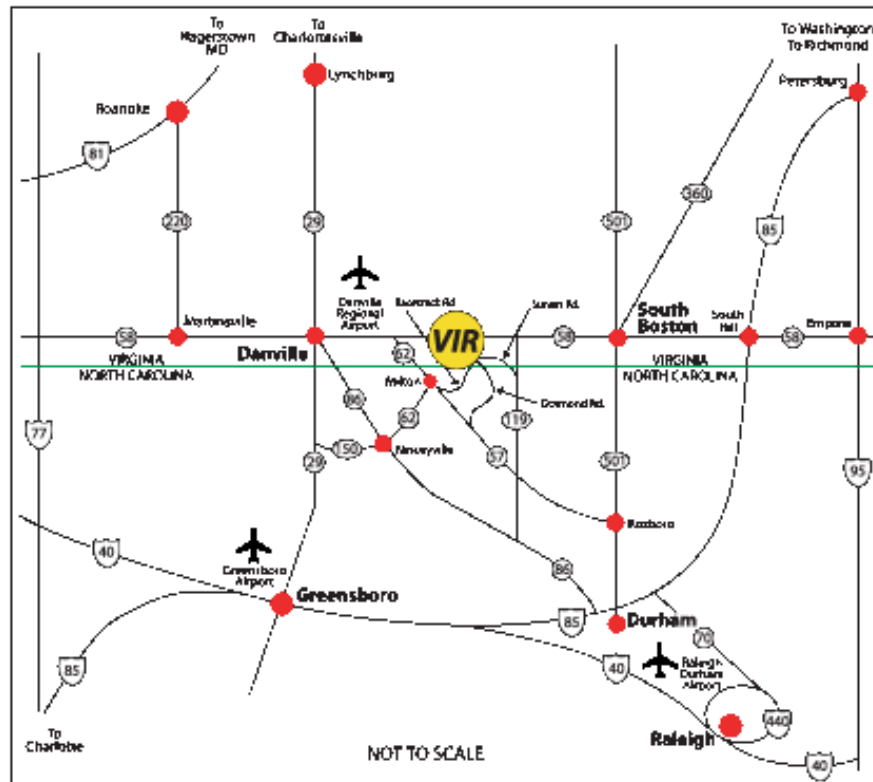
\_\_\_\_\_  
\_\_\_\_\_

Significant illness or condition which might affect you at the track:

\_\_\_\_\_  
\_\_\_\_\_

*This information will be kept confidential and only be used in case of emergency.*

***SCMC Driver School Series***



**Virginia International Raceway** The VIRginia International Raceway is located in the scenic hills of Virginia, 12 miles east of Danville, VA, 20 miles west of South Boston, VA, and just north of historic Milton, NC.

### Driving from Roanoke, VA

- Take US 220 South towards Martinsville, approx. 50 miles
- Exit onto US 58 East to Danville, VA, continue through Danville, approx. 40 miles
- Turn right onto VA-62 South to Milton, NC, through the traffic light and onto NC-57 South.
- Continue one half mile and turn left onto Racetrack Road. VIR is 1 mile on the left

### Driving from Richmond, VA

- Take Route 360 South from Richmond to South Boston
- Take 58 West at South Boston
- Take Route 119 South at Turbeville
- Follow signs to VIR
- Turn right on Sunset Road which becomes Racetrack Road to the VIR gate

### Driving from Raleigh, NC

- Take US 70 Bypass West to I-85 South
- Turn right onto US 501 Bypass North, becomes US 501
- Stay on US 501 to Roxboro, approx. 27 miles
- Turn left onto Court St. in Roxboro,
- Turn right onto NC-57, 17 miles
- Turn right onto Racetrack Rd. VIR is 1 mile on the left

**Driving from Greensboro, NC**

- Take US 29 North, 45 miles
- Turn onto US 58 East towards South Boston, 5 miles
- Turn right onto VA-62 South to Milton, NC, through the traffic light and onto NC-57 South.
- Continue one half mile and turn left onto Racetrack Road. VIR is 1 mile on the left

**Hotel Information**

The Host Hotel for this school will be the Sleep Inn & Suites, Danville, VA. Please mention the SVT Cobra Mustang Club when making reservations to secure the group rate.

**Host Hotel - Sleep Inn, Danville, VA 434.793.6090**

**Other nearby hotel information:**

VIR Lodge - VIR North Course	434.822.7700 Ext 101
Best Western 1292 South Boston Road	434.483.5000
Courtyard 2136 Riverside Drive	434.791.2661
Hampton Inn 2130 Riverside Drive	434.793.1111

Friday night registration will be held at VIR, Alton, VA.

If you have any questions, please call Tony Sorrentino at (803) 371-0725 days, or email [tony@svtcobraclub.com](mailto:tony@svtcobraclub.com) or Joel Gilchrist at [preacherdude1997@hotmail.com](mailto:preacherdude1997@hotmail.com) or (336) 549-1151

*SCMC Driver School Series*

## Virginia International Raceway

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### TRACK RULES

- This is a closed event! Anyone who is not a participant will have to have express permission by the SCMC to enter the track facility and pay a spectator fee of \$10.00.
  - Speed limit inside the paddock is 15 mph.
  - All persons entering Virginia International Raceway are required to sign the Release and Waiver of Liability and Indemnity Agreement. THERE ARE NO EXCEPTIONS.
  - NO RACE ENGINES MAY BE RUN BEFORE 8:00AM OR AFTER 6PM.
  - NO VEHICLES of any kind are allowed on the track AFTER 5:30 p.m.
  - No ATVs, ATCs, pit bikes, or dirt bikes allowed on the premises without prior approval of the track manager.
  - No fireworks, firearms, weapons, or illegal drugs are permitted anywhere on the premises.
  - All trash shall be placed in trash barrels.
  - Dump waste oil into yellow 55-gallon drums marked "OIL".
  - Dump anti-freeze into yellow 55-gallon drums marked "ANTI-FREEZE."
  - Do not dump race fuel into recycling barrels.
  - Report oil and fuel spills to officials so that they get cleaned up.
  - No loud music or bass-boomers are permitted. Be considerate of neighbors.
  - Animals must be leashed or tethered at all times.
  - Campfires/ground fires are not permitted.
  - Camping quiet time begins at 10pm.
  - No climbing or jumping any fences.
  - Do not stand on pit wall.
  - Do not damage any grassy area in ANY manner.
  - Driving counter-race is strictly forbidden at all times.
  - Each competitor must have at least one (1) portable dry chemical fire extinguisher with a rating of at least 12 BC available and in good working condition in their pit area.
  - Decibel limits are set at 105 db. The track will monitor noise level at your event. If the racer has exceeded the 105 db limit, the racer will be black flagged, brought in, told of the infraction and given a chance to comply with the decibel limit. If the racer is not able to reduce the noise level to within the decibel limit, the racer must pull the vehicle from the event. The maximum db limit is subject to be lowered within the next year.
- **TRACK MANAGEMENT RESERVES THE RIGHT TO BAR, EXPEL, OR FINE ANY INDIVIDUAL(S) IN VIOLATION OF ANY RULE.**

Note – These rules were valid for the 2009 season and some rules may have been changed or new rules may have been added. Please check with the track management if you have any questions.

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## Accommodations In Danville

### [Best Western](#)

1292 South Boston Road 434.483.5000

### [Courtyard by Marriott](#)

2136 Riverside Drive; 434.791.2661; Number of rooms: 92; Free in-room high-speed internet, business center, fitness center, pool, suites, restaurant on site.

### [Comfort Inn and Suites](#)

100 Tower Drive (off Route 58); 434.793.2000; Number of Rooms: 118; Free breakfast, in-room high-speed internet, pool, full service restaurant, live entertainment, whirlpool suites.

### [Hampton Inn](#)

2130 Riverside Drive (Route 58); 434.793.1111; Number of Rooms: 59; Breakfast, pool, cable & fitness center.

### [Holiday Inn Express](#)

2121 Riverside Drive (Route 58); 434.793.4000; Number of Rooms: 93; Free in-room high-speed internet, free breakfast bar, pool & offsite fitness.

### [Ramada Inn Stratford](#)

2500 Riverside Drive (Route 58); 434.793.2500; Number of Rooms: 157; Restaurant, complementary breakfast, outdoor pool, pets allowed & cable.

### [Sleep Inn \(8 miles from VIR\)](#)

1483 South Boston Road (Route 58); 434.793.6090; Number of rooms: 76; Breakfast, trailer parking, internet, pool, restaurant & lounge on site.

## Restaurants:

Buffalo Wild Wings Grill & Bar

434-797-9464 3415 Riverside Drive Danville VA 24541

Applebee's Neighborhood Grill & Bar

434.791.4805 - 410 Old Mount Cross Road - National chain, casual dining, variety of food.

El Vallarta

434.791.4491 - 418 Westover Place - Authentic Mexican restaurant with ABC permits.

The Gaslight Grille

434.797.9501 - 102 Tower Drive (within the Comfort Inn and Suites) - Live music on weekends, great food and service. Casual atmosphere.

Ham's Restaurant

434.797.1433 - 2373 Riverside Dr. (next to Super 8 Motel) - Casual sports bar. Soups and Sandwiches. Takeout available.

International House of Pancakes (IHOP)

434.793.5476 - 101 Teal Ct. - National chain, breakfast 24 hours.

Joe and Mimma's

434.799.5763 - 3336 Riverside Dr. (Riverside Shopping Center) - Authentic Italian cuisine with excellent food and great service.

Los Tres Magueyes

434.792.0601 - 2818 Riverside Dr. (across from Value City) - Mexican cuisine with ABC permits. Dine in or carry out.

Mayflower Seafood Restaurant

434.792.8817 - 2320 Riverside Dr. - Fresh seafood, very good, family atmosphere. Closed on Mondays. Take-out available.

Miyako Japanese Steak & Seafood

434.799.2599 - Danville Plaza by Value City. Japanese Hibachi style cooking at your table.

Outback Steakhouse

434.792.0781 - 111 Enterprise Dr. - National chain, casual steakhouse.

Ramada Inn Stratford Restaurant

434.793.2500 - 2500 Riverside Dr. (Located in the Ramada Inn Stratford) - AAA 2-

Diamond. Breakfast, lunch and dinner.

Red Lobster Seafood Restaurant

434.793.9641 - 370 Mall Dr. - National chain, seafood.

Rock-Ola Café

434.793.1848 – 140 Crown Dr. - National chain, casual dining, variety of food.

Ruby Tuesday's

434.791.2977 - 3585 Riverside Drive – National chain, variety of food.

Short Sugar's Barbeque

434.793.4800 - 2215 Riverside Dr. - Good barbeque sandwiches and plates. Take out available.

Sir Richard's Steakhouse & Lounge

434.822.6444 - 1513 South Boston Road - Steaks, seafood, heavy hors d' oeuvres. Lunch (Sun - Fri) and dinner (Wed - Sat). Banquets and catering.

Texas Steakhouse & Saloon

434.791.4419 - 2925 Riverside Dr. - National chain, casual steakhouse, very good food.

## Accommodations In South Boston

### [Berry Hill Plantation Resort](#)

434-517-7000 3105 River Road Berry Hill Plantation Resort evokes a sense of plantation life, offering 92 luxury guest rooms, dining, spa, indoor pool, and recreational activities.

### [Coopers Landing Inn & Traveler's Tavern](#)

434-374-2866 801 Virginia Avenue Clarksville, VA 23927 Four room Bed & Breakfast with casual fine dining, outside patio and bar with live music, and a full service tavern.

### [Days Inn](#)

Highway 58 West; 434.572.4941; Numbers of Rooms: 76; Free continental breakfast, pool, HBO, high-speed internet (Wi-Fi), refrigerator & microwave.

### [Holiday Inn Express](#)

Highway 58 East; 434.575.4000; Number of Rooms: 66; Breakfast, refrigerator, pool, microwave oven & exercise room.

### [The Tacreia House](#)

14246 River Road South Boston, Virginia 24592 (434) 753-2510 Bed & Breakfast

### [Quality Inn](#)

1/2 mile off Route 58 on Rt 360; 434.572.4311; Number of Rooms: 52; Breakfast, pool, cable & restaurant.

### [Staynearby.com](#)

Listing of local accommodations including private residences for rent, cabins, efficiencies, and more

## Restaurants:

Four Oaks Restaurant & Lounge

434.572.2066 1633 Seymour Drive

Hill's Tavern

434.572.4467 817 Wilborn Avenue

Paesano's 434.575.8001

2001 Seymour Drive

Molasses Grill

434-476-6265 – 21 South Main Street

Ernie's

434.572.3423 - 1010 John Randolph Blvd. (Located at the junction of Rt. 360 and Hamilton Blvd.) - Open Tuesday through Sunday 11:00am and 9:00pm. Varied menu.